

February 2012
Atonement Lutheran School
Lunch Menu

		1 Chef's Salad OR Chicken Noodle OR Spaghetti w/Ground Beef Pineapples Oven Potatoes Enriched Bread Slice	2 Chef's Salad OR Chicken Noodle OR Grilled Cheese Fresh Fruit Baked Fries	3 Chef's Salad OR Pizza Garden Salad w/Ranch Fresh Fruit Dessert
6 Chef's Salad OR Chicken Noodle OR Turkey and Cheese Sub Sandwich on Wheat Carrot Sticks with Dipping Sauce Fresh Fruit	7 Chef's Salad OR Chicken Noodle OR Chicken Wrap w/ Sh. Cheese White & Brown Rice Medley Corn Fresh Fruit	8 Chef's Salad OR Chicken Noodle OR Baked Nuggets Mixed Fruit Mashed Potatoes Cheez It Crackers	9 Chef's Salad OR Chicken Noodle OR Scrambled Eggs Applesauce Breakfast Potatoes Mini Bagel	10 Chef's Salad OR Pizza Garden Salad w/Ranch Fresh Fruit Dessert
13 Chef's Salad OR Chicken Noodle OR Hot Dog Bun Fresh Fruit Baked Fries Cheez Its	14 Chef's Salad OR Chicken Noodle OR Diced Chicken Mixed Veggies Pineapples White & Brown Rice Medley	15 Chef's Salad OR Chicken Noodle OR BBQ Beef Sandwich Wheat Bun Oven Potatoes Mandarin Oranges	16 Chef's Salad OR Chicken Noodle OR Baked Chicken Drumstick Fresh Carrot Sticks w/Dipping Sauce Pasta Salad with Veggies	17 Chef's Salad OR Pizza Garden Salad w/Ranch Fresh Fruit Dessert
20 President's Day No School No Lunch	21 Chef's Salad OR Chicken Noodle OR Baked Nuggets Broccoli w/Reduced Fat Ranch Dipping Sauce Mashed Potatoes Cheez It Crackers	22 Chef's Salad OR Chicken Noodle OR Nacho Chips Nacho Cheese Chicken Corn Fresh Fruit	23 Chef's Salad OR Chicken Noodle OR Corn Dog Mixed Fruit Baked Fries Wheat Crackers	24 Chef's Salad OR Pizza Garden Salad w/Ranch Fresh Fruit Dessert
27 Chef's Salad OR Chicken Noodle OR Mac N Cheese Green Beans Fresh Fruit	28 Chef's Salad OR Chicken Noodle OR BBQ Chicken Sandwich Oven Potatoes Mandarin Oranges	29 Chef's Salad OR Chicken Noodle OR Soft Taco: Chicken & Cheese Corn Peaches		

Meal Benefits and services are available to all students without regard to race, color, sex, handicap, age or national origin. If you believe that you have been discriminated against, write immediately to the Secretary of Agriculture, Washington, D.C., 20250. Food Items are subject to availability.

All Meals Served With Milk